

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
10:30 am morning exercise 11:00 morning walk and/or chair ball volley 11:30-1:30 lunch service 1:30 Outside stroll with friends 2:00 BBVB 3:00 Mind Games & brain teasers 3:30 group game - Rummikub 4:30-6:30 Dinner service 7:00 Nightly movie (check theater marquee)	10:30 am morning exercise 11:00 morning walk and/or chair ball volley 11:30-1:30 lunch service 1:30 Outside stroll with friends 2:00 BBVB 3:00 Brain teasers 3:30 Island Time Happy Hour! 4:30-6:30 Dinner service 7:00 Nightly movie (check theater marquee)	10:30 am morning exercise 11:00 morning walk and/or chair ball volley 11:30-1:30 lunch service 1:30 Exercise with Evan! 2:00 Bunco 3:30 <b>make your own holiday wreath!</b> 4:30-6:30 Dinner service 6:30 Bingo! 7:00 Nightly movie (check theater marquee)	10:30 am morning exercise 11:00 morning walk and/or chair ball volley 11:30-1:30 lunch service 1:30 Outside stroll with friends 2:00 BBVB 3:30 Island time Happy Hour! with Black Jack! 4:30-6:30 Dinner service 7:00 Nightly movie (check theater marquee)  <b>&gt;&gt;&gt;Nail Technician in house 11-5 - make appointments at front desk&lt;&lt;&lt;&lt;</b>	10:30 am morning exercise 11:00 morning walk and/or chair ball volley 11:30-1:30 lunch service 1:30 Outside stroll with friends 2:30 Getting Crafty with Oraya 3:30 <b>Singing with Christian!</b> 4:30-6:30 Dinner service 6:30 Bingo! 7:00 Nightly movie (check theater marquee) <<<Hair Salon 10	10:30 am morning exercise 11:00 morning walk and/or chair ball volley 11:30-1:30 lunch service 1:30 Outside stroll with friends 2:00 BBVB 3:30 Island time Happy Hour! with Karaoke 4:30-6:30 Dinner service 7:00 Nightly movie (see theater marquee)	10:30 am morning exercise 11:00 morning walk and/or chair ball volley 11:30-1:30 lunch service 1:30 Outside stroll with friends 2:00 Bingo 3:30 let's make something!! 4:30-6:30 Dinner service 7:00 Nightly movie (check theater marquee) <b>11:00 - 5:00 BBC 1st annual Holiday Market Extravaganza located in activity wing- 13 vendors to shop from! everyone welcome!</b>		
10:30 am morning exercise 11:00 morning walk and/or chair ball volley 11:30-1:30 lunch service <b>1:30 Sundae Fundae!! Make your own :-)</b> 2:00 BBVB 3:00 What do ya know? trivia 3:30 group game - Uno! 4:30-6:30 Dinner service 7:00 Nightly movie (check theater marquee)	10:30 am morning exercise 11:00 morning walk and/or chair ball volley 11:30-1:30 lunch service <b>1:30 BBVB (ALTERNATE TIME)</b> <b>2:30 Lifelong Learning with Deborah "The Butterfly Lady" - Penguins and Puffins</b> 3:30 Island Time Happy Hour! 4:30-6:30 Dinner service 7:00 Nightly movie (check theater marquee)	10:30 am morning exercise 11:00 morning walk and/or chair ball volley 11:30-1:30 lunch service 1:30 Exercise with Evan! 2:00 Bunco 3:30 gettin' crafty with Melora - birdhouses 4:30-6:30 Dinner service 7:00 Nightly movie (check theater marquee)	10:30 am morning exercise 11:00 morning walk and/or chair ball volley 11:30-1:30 lunch service 1:30 Outside stroll with friends 2:00 BBVB 3:30 Island time Happy Hour! Black Jack! 4:30-6:30 Dinner service 7:00 Nightly movie (check theater marquee)  <b>&gt;&gt;&gt;Nail Technician in house 11-5 - make appointments at front desk&lt;&lt;&lt;&lt;</b>	10:30 am morning exercise 11:00 morning walk and/or chair ball volley 11:30-1:30 lunch service 1:30 Outside stroll with friends 2:00 Getting Crafty with Oraya <b>3:30 singing with Nora Grace!!</b> 4:30-6:30 Dinner service <b>6:30 - outing to Asian Lantern Festival @ Sanford zoo (full)</b> 6:30 Bingo! 7:00 Nightly movie (check theater marquee)	10:30 am morning exercise 11:00 morning walk and/or chair ball volley 11:30-1:30 lunch service 1:30 Outside stroll with friends 2:00 BBVB 3:30 Island time Happy Hour! with Karaoke 4:30-6:30 Dinner service 7:00 Nightly movie (check theater marquee)	10:30 am morning exercise 11:00 morning walk and/or chair ball volley 11:30-1:30 lunch service 1:30 Outside stroll with friends 2:00 Bingo 4:30-6:30 Dinner service 7:00 Nightly movie (check theater marquee)		
10:30 am morning exercise 11:00 morning walk and/or chair ball volley 11:30-1:30 lunch service 1:30 fresh air with friends 2:00 BBVB 3:00 fun with words - homonyms 3:30 garden charms with Melora 4:30-6:30 Dinner service 7:00 Nightly movie (check theater marquee)	10:30 am morning exercise 11:00 morning walk and/or chair ball volley 11:30-1:30 lunch service <b>11:30 - lunch outing to Cracker Barrel***</b> 1:30 Outside stroll with friends 2:00 BBVB 3:30 Island Time Happy Hour! 4:30-6:30 Dinner service 7:00 Nightly movie (check theater marquee)	10:30 am morning exercise 11:00 morning walk and/or chair ball volley 11:30-1:30 lunch service 1:30 Exercise with Evan! 2:00 Bunco 3:30 gettin' crafty with Melora -Diamond paint 4:30-6:30 Dinner service <b>6:00 outing to view the holiday lights in Lake Mary's Central Park***</b> 7:00 evening movie (check theater marquee)	10:30 am morning exercise 11:00 morning walk and/or chair ball volley 11:30-1:30 lunch service 1:30 Outside stroll with friends 2:00 BBVB 3:30 Island time Happy Hour! Black Jack! 4:30-6:30 Dinner service 7:00 Nightly movie (check theater marquee)  <b>&gt;&gt;&gt;Nail Technician in house 11-5 - make appointments at front desk&lt;&lt;&lt;&lt;</b>	10:30 am morning exercise 11:00 morning walk and/or chair ball volley 11:30-1:30 lunch service 1:30 Outside stroll with friends 2:00 Getting Crafty with Oraya <b>3:30 Dr. Pringle- Chiropractic presentation with complimentary massages or spinal evaluations</b> 4:30-6:30 Dinner service 6:30 Bingo! 7:00 Nightly movie (check theater marquee)	10:30 am morning exercise 11:00 morning walk and/or chair ball volley 11:30-1:30 lunch service 1:30 Outside stroll with friends 2:00 BBVB <b>4:30-6:30 Dinner service with employee &amp; resident Holiday Party!!! Entertainment by Alexandre</b> 7:00 Nightly movie (check theater marquee)	10:30 am morning exercise 11:00 morning walk and/or chair ball volley 11:30-1:30 lunch service 1:30 Outside stroll with friends 2:00 Bingo 4:30-6:30 Dinner service 7:00 Nightly movie (check theater marquee)		
10:30 am morning exercise 11:00 morning walk and/or chair ball volley 11:30-1:30 lunch service 1:30 fresh air with friends 2:00 BBVB 3:00 Mind Games & brain teasers 3:30 group game - Mexican train! 4:30-6:30 Dinner service 7:00 Nightly movie (check theater marquee)	10:30 am morning exercise 11:00 morning walk and/or chair ball volley 11:30-1:30 lunch service 1:30 fresh air with friends 2:00 BBVB 3:30 Island time Happy Hour 4:30-6:30 Dinner service 7:00 Nightly movie (check theater marquee)	10:30 am morning exercise 11:00 morning walk and/or chair ball volley 11:30-1:30 lunch service 1:30 Exercise with Evan! 2:00 Bunco 3:30 gettin' crafty with Melora -TBD 4:30-6:30 Dinner service 6:30 Bingo! 7:00 evening movie (check theater marquee)	10:30 am morning exercise 11:00 morning walk and/or chair ball volley 11:30-1:30 lunch service 1:30 fresh air with friends 2:00 BBVB 3:30 Island time Happy Hour with Blackjack 4:30-6:30 Dinner service 7:00 Nightly movie (check theater marquee)  <b>Merry Christmas and Hanukkah Begins Christmas</b>	10:30 am morning exercise 11:00 morning walk and/or chair ball volley 11:30-1:30 lunch service 1:30 fresh air with friends 2:00 Getting crafty with Oraya! <b>3:30 singing with Sammy!</b> 4:30-6:30 Dinner service 6:30 Bingo!	10:30 am morning exercise 11:00 morning walk and/or chair ball volley 11:30-1:30 lunch service 1:30 fresh air with friends 2:00 BBVB 3:30 Island time Happy Hour! with Karaoke 4:30-6:30 Dinner service 7:00 Nightly movie (check theater marquee)  <b>&gt;&gt;&gt;Podiatrist here - see front desk for details - first come, first served</b>	10:30 am morning exercise 11:00 morning walk and/or chair ball volley 11:30-1:30 lunch service 1:30 fresh air with friends 2:00 Bingo 4:30-6:30 Dinner service 7:00 Nightly movie (check theater marquee)		
10:30 am morning exercise 11:00 morning walk and/or chair ball volley 11:30-1:30 lunch service 1:30 fresh air with friends 2:00 BBVB 3:00 fun with words - Limericks 3:30 "pseudo" stained glass with Melora! 4:30-6:30 Dinner service 7:00 Evening movie (check theater marquee)	10:30 am morning exercise 11:00 morning walk and/or chair ball volley 11:30 <b>Lunch outing to St. John's River Steak &amp; Seafood ***</b> 11:30-1:30 lunch service 2:00 BBVB 3:30 Island time Happy Hour! 7:00 Nightly movie (check theater marquee)	10:30 am morning exercise 11:00 morning walk and/or chair ball volley 11:30-1:30 lunch service 1:30 Exercise with Evan! 2:00 Bunco 3:30 gettin' crafty with Melora -TBD <b>7:00 New Year's Eve celebration - come party, dance and bid adeau to 2024</b>  <b>HAPPY NEW YEAR!</b> New Year's Eve	<b>Always happening: everyday - 10:30 Morning exercise</b> <b>Fridays - 9:30 a.m. Publix run</b> <b>1:30 p.m. Various department stores</b> <b>see daily schedules for update</b>				<b>Happy HOLIDAYS</b>	

Bahama Bay Club, 3441 1st street, Sanford, Fla 32771 - all activities are subject to change, please see daily "what's happening" for updates - located in elevators and at front counter

\*\*\* indicates to sign up in The Pink Binder