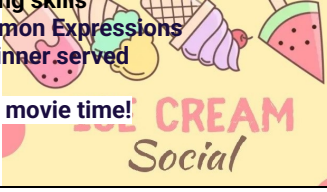


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Bahama Bay Club Lighthouse Cottages October 2026				10:00 Chair stretching with weights 10:30 ball volley 11:30ish Lunch is served 1:30 Ice Cream treats & trivia 2:00 word un-scramble 3:00 chair dancing with music of choice 3:30 block engineering 4:30ish Dinner served 6:30-8:00 movie time! 	10:00 Senior fitness video 10:30 balloon volley 11:30ish Lunch served 1:30 Chair volleyball(oon) 2:00 jokes and riddles 3:30 puzzle therapy 4:30ish Dinner served 6:30-8:00 movie time! 	10:00 rise and shine chair stretching 10:30 West patio chat to enjoy the morn 11:30ish Lunch served 1:30 Chair volleyball(oon) 2:30 Puzzle therapy 3:00 Patio chats with hydration 3:30 Autumn time word scramble 4:30ish Dinner served 6:30-8:00 movie time!
10:00-11:00 Christian Church Services on 1st floor 11:30ish Lunch served 2:00 Chair volleyball(oon) 2:30 Flute Music special with Pam! 3:00 word games-fill in the blanks 3:30 Patio chats - West side with hydration 4:30ish Dinner served 6:30-8:00 movie time! 	10:00 Chair stretching with weights 10:30 Balloon volley 11:30ish Lunch served 1:30 poems of Shel Silverstein 2:00 noodle ball 2:30 sorting exercise 3:00 mix and match 3:30 Patio chats w/hydration - 4:30ish Dinner served 6:30-8:00 movie time! 	10:00 small ball exercising 10:30 bowling fun 11:30ish Lunch served 1:30 noodles, balls, cups & such 2:00 exercise with Evan! 2:30 color crafts 3:30 block engineering 4:30ish Dinner served 6:30-8:00 movie time! 	10:00 morning walk with friends 10:30 Puzzle therapy 11:30ish Lunch is served 1:30 arts/crafts -Leaf art 3:00-4:00 Live entertainment on 1st floor with Miss Deanna 4:30ish Dinner served 6:30-8:00 movie time! 	10:00 Chair exercise with weights 10:30 EZ does it Trivia 11:30ish Lunch served 1:30 Guess the old fashioned item 2:00 noodle balloon 2:30 Pet Therapy with Sylvie and friends 3:30 sorting skills 4:30ish Dinner served 6:30-8:00 movie time! 	10:00 Senior fitness video 10:30 Table chat with pondering prompts 11:30ish Lunch served 1:30 Parachute ball 2:30 Sorting skills 3:00 Finish this... common expression 3:30 puzzle therapy 4:30ishDinner served 6:30-8:00 movie time! 	10:00 rise and shine chair stretching 10:30 West patio chat to enjoy the morn 11:30ish Lunch served 2:00 Chair volleyball(oon) 2:30 song & dance with Perfect Dancing company! 3:00 sorting skills 3:30 word game-make many (words) from 1 4:30ishDinner served 6:30-8:00 movie time!
10:00-11:00 Christian Church Services on 1st floor 11:30ish Lunch served 2:00 Chair volleyball(oon) 2:30 fill in the blank word game 3:30 Patio chats - West side with hydration 4:30ish Dinner served 6:30-8:00 movie time! 	10:00 Chair exercise with weights 10:30 Chair volleyball(oon) 11:30ish Lunch served 1:30 jokes & riddles 2:00 word game-word unscramble 2:30 Chair volleyball 3:30 Patio chats w/hydration - East side 4:30ish Dinner served 6:30-8:00 movie time! 	10:00 small ball exercising 10:30 creative storytelling from pictures 11:30ish Lunch served 1:30 puzzle therapy 2:00 exercise with Evan! 2:30 Puzzle therapy 3:00 finish these common expressions 3:30 block engineering 4:30ish Dinner served 6:30-8:00 movie time! 	10:00 morning walk with friends 10:30 large table ball with board 11:30ish Lunch served 1:30 arts/crafts -Scherenschnitte (German "scissors snipping") 3:00-4:00 Live entertainment on 1st floor with Andy 4:30ish Dinner served 6:30-8:00 movie time! 	10:00 Chair stretch with props 10:30 Finish the line 11:30ish Lunch served 1:30 Ice Cream treats & trivia 2:00 Survey says!!! 2:30 Chair volleyball 3:00 sorting skills 3:30 Common Expressions 4:30ish Dinner served 6:30-8:00 movie time! 	10:00 Senior fitness video 10:30 Table chat with pondering prompts - Summer snacks & laundry chores 11:30ish Lunch served 1:30 Chair volleyball 2:00 block engineering 3:00 Finish this common expression 3:30 puzzle therapy 4:30ish Dinner served 6:30-8:00 movie time! 	10:00 rise and shine chair stretching 10:30 West patio chat to enjoy the morn 11:30ish Lunch served 2:30 *SPECIAL* Cindy's Dance Studio, 1st floor 3:00 Puzzle therapy 3:30 September word scramble 4:30ish Dinner served 6:30-8:00 movie time!
10:00-11:00 Christian Church Services on 1st floor 11:30ish Lunch served 2:00 Chair volleyball(oon) 2:30 Flute Music special with Pam! 3:00 word games-word un-scramble 3:30 Patio chats - West side with hydration 4:30ish Dinner served 6:30-8:00 movie time! 	10:00 Chair stretching with weights 10:30 Parachute ball(oon) 11:30ish Lunch served 1:30 poems of Shel Silverstein 2:00 Find the item tv game 2:30 Sorting exercise 3:30 Patio chats w/hydration - 4:30ish Dinner served 6:30-8:00 movie time! 	10:00 small ball exercising 10:30 Trivia among friends 11:30ish Lunch served 1:30 noodles, balls, cups & such 2:00 exercise with Evan! 2:30 bag toss 3:00 Under the Sea arts 3:30 block engineering 4:30ish Dinner served 6:30-8:00 movie time! 	10:00morning walk with friends 10:30 Animal Bingo 11:30ish Lunch served 1:30 arts/crafts - pseudo stained glass 2:00 Puzzle therapy 3:00-4:00 Live entertainment on 1st floor with Seth 4:30ish Dinner served 6:30-8:00 movie time! 	10:00 Chair stretching with weights 10:30 EZ does it Trivia 11:30ish Lunch served 1:30 "bobbing for apples" 2:00 noodles, balls, cups & such 2:30 Pet Therapy with Sylvie and friends 3:00 patio chats with hydration 3:30 puzzle therapy 4:30ish Dinner served 6:30-8:00 movie time! 	10:00 Senior fitness video 10:30 Table chat with pondering prompts - outside play & cold drinks 11:30ish Lunch served 2:00 Chair volleyball(oon) 2:30 word unscramble 3:00 Patio chats - West side with hydration 3:30 puzzle therapy 4:30ish Dinner served 6:30-8:00 movie time! 	10:00 rise and shine chair stretching 10:30 West patio chat to enjoy the morn 11:30ish Lunch served 2:00 Chair volleyball(oon) 2:30 Live music with Patty & Michael 3:30 favorite dish word scramble 4:30ish Dinner served 6:30-8:00 movie time!
10:00-11:00 Christian Church Services on 1st floor 11:30ish Lunch served 2:00 Chair Volleyball(oon) 2:30 sorting skills at round tables 3:00 word games-fill in the blanks 3:30 Patio chats - West side with hydration 4:30ish Dinner served 6:30-8:00 movie time! 	10:00 Chair stretching with props 10:30 balloon bonanza 11:30ish Lunch served 1:30 jokes and riddles 2:30 sorting skills 3:00 puzzle therapy 3:30 Patio chats w/hydration - East side 4:30ish Dinner served 6:30-8:00 movie time! 	10:00 morning walk with friends 10:30 quick appear watercolors 11:30ish Lunch served 1:30 paint by numbers 2:00 exercise with Evan! 2:30 Patio chats - West side with hydration 3:00 Finish the song lyric 3:30 sorting skills 4:30ish Dinner served 6:30-8:00 movie time! 	10:00 morning walk with friends 10:30 finish the line-Limericks 11:30ish Lunch served 1:30 -2:30 crafts - clay art sculptures 3:00-4:00 Live entertainment on 1st floor with Miss Jiller 4:30ish Dinner served 6:30-8:00 movie time! 	10:00 Chair stretching with weights 10:30 ball volley 11:30ish Lunch is served 1:30 Ice Cream treats & trivia 2:00 spidey web toss 3:00 chair dancing with music of choice 3:30 block engineering 4:30ish Dinner served 6:30-8:00 movie time! 	10:00 Senior fitness video 10:30 balloon volley 11:30ish Lunch served 1:30 Chair volleyball(oon) 2:00 Halloween parade, 1st floor 3:00 Halloween party with the live music of Miss Lyn, 1st floor 4:30ish Dinner served 6:30-8:00 movie time! 	10:00 rise and shine chair stretching 10:30 West patio chat to enjoy the morn 11:30ish Lunch served 1:30 Chair volleyball(oon) 2:30 Puzzle therapy 3:00 Patio chats with hydration 3:30 Halloween word scramble 4:30ish Dinner served 6:30-8:00 movie time! 

all activities are subject to change.

Items in purple are led by Activity Dept.